

# ***HERCULES*** ***FITNESS***



***L I V E   Y O U N G***

# 125

*Years of  
Excellence*

## A FAMILY OF EXCELLENCE



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**FOUNDED 1900**

**29 BUSINESSES**

**53,000 EMPLOYEES**

**200+ EXCLUSIVE STORES**

Founded in 1900, the INR 742 Billion (74,220 Crores) Murugappa Group is one of India's leading business conglomerates. The Group has 29 businesses including ten listed Companies traded in NSE & BSE. Headquartered in Chennai, the major Companies of the Group include Carborundum Universal Ltd., CG Power and Industrial Solutions Ltd., Chola Mandalam Financial Holdings Ltd., Chola Mandalam Investment and Finance Company Ltd., Chola Mandalam MS General Insurance Company Ltd., Coromandel International Ltd., Coromandel Engineering Company Ltd., E.I.D. Parry (India) Ltd., Parry Agro Industries Ltd., Shanthi Gears Ltd., Tube Investments of India Ltd. and Wendt (India) Ltd. The Group holds leadership position in several product lines including Abrasives, Technical Ceramics, Electro Minerals, Auto Components & Systems, Bicycles, Fertilisers, Sugar, Tea and Spirulina (Nutraceuticals).

The Group has forged strong alliances with leading international companies such as Groupe Chimique Tunisien, Foskor, Mitsui Sumitomo, Morgan Advanced Materials, Yanmar & Co. and Compagnie Des Phosphat De Gafsa (CPG). The Group has a wide geographical presence all over India and spanning 6 continents. Renowned brands like BSA, Hercules, Montra, Mach City, Ballmaster, Ajax, Parry's, Chola, Gromor, Shanthi Gears and Paramfos are from the Murugappa stable. The Group fosters an environment of professionalism and has a workforce of over 53,000 employees.



Established in 1949 by the Murugappa Group in partnership with Tube Investments (UK), TI Cycles has rapidly transformed from a bicycle manufacturing company to an industry giant in mobility and well-being solutions.

Currently, TI Cycles is the key player in the 'Specials' segment with a nationwide presence bolstered by a network of around 11,500 primary and secondary dealers. The company's plants in Chennai and Rajpura possess the capacity to manufacture five million bicycles a year.

TI Cycles' flagship brands include BSA, Hercules, Montra and Mach City. The brand is credited with many of India's firsts - the first MTB, the first geared bike, the first Shox bike, the first girls' bike, the first kids' bike, the first light Roadster, and the first carbon frame bike.

The past seven decades have witnessed TI Cycles evolve into a powerhouse that's constantly making headway to meet the consumer's needs, from innovative products to futuristic design to unique retail formats.



1910

Hercules Cycles and Motor Company started in England



1951

First Hercules cycle rolled out in India



2013

Launch of semi commercial gym equipments



2002

Launch of Hercules Fitness segment



5 Lakh Happy Customers and counting!



Fitness Excellance, Every step of the way!

A person is running on a treadmill. They are wearing a dark t-shirt, dark shorts, and red sneakers. The treadmill is dark-colored with a silver handrail. The background is dark and out of focus.

# TREADMILLS



## **HERCULES** **FITNESS**

Treadmills provide a straightforward and efficient aerobic workout. For many, treadmills are a good choice to begin a new exercise routine because most individuals can take up walking regardless of fitness level and back condition. As strength and endurance develops, the treadmill can be used for jogging and/or for interval training.

\*Product Disclaimer: Motor power mentioned is peak power.

## TMA60



## KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Multiple Cushioning - Low impact
- Anti-slip Side Rail
- High-end Hardware configuration
- Transportation Wheel
- Hand Held Heart Rate Sensor

## TECHNICAL FEATURES

20 Km/hr. Max. Speed  
 15 Level Automatic Motorized Incline  
 Machine Floor Size: 85" x 33" x 59"  
 63" x 23" Extra wide running area  
 Maximum User Weight: 180 Kgs  
 Machine Weight: 120 Kgs  
 MP3 and USB Player  
 UN Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 3 H.P / 6 H.P AC MOTOR**

## TA150



## KEY FEATURES

- Large LCD Display
- Display function - Pluse Time, Speed, Distance, Calorie
- Elastomer Cushion
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs

## TECHNICAL FEATURES

Machine Floor Size: 78" x 37" x 60"  
 20 Km/hr. Max. Speed  
 20 Level Automatic Motorized Incline  
 60" x 22" Extra Wide Running Area  
 Maximum User Weight: 190 Kgs  
 Machine weight: 132 Kgs  
 MP3&USB  
 Un- Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 3 H.P / 6 H.P AC MOTOR**

# TMA51



## KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel

## TECHNICAL FEATURES

20 Level Automatic Motorized Incline  
 22 Km/hr. Max. Speed  
 Pre-set Workout Programs  
 Hand Held Heart Rate Sensor  
 Machine Floor Size: 79" x 36" x 59"  
 Maximum User Weight: 160 Kgs  
 60" x 22" Extra wide running area  
**Motor Power: 3 H.P / 6 H.P A.C motor**

# TMA50



## KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Oil Pressure shock reducing springs
- Auto Lubrication System
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

## TECHNICAL FEATURES

15 Level Automatic Motorized Incline  
 20 Km/hr. Max. Speed  
 Pre-set Workout Programs  
 Handheld Heart Rate Sensor  
 Machine Floor Size: 81" x 37" x 59"  
 Maximum User Weight: 150 Kgs  
 60" x 23" Extra wide running area  
**Motor Power: 2.5 H.P / 5 H.P A.C motor**

## TA100



### KEY FEATURES

- Large LCD Display
- Display function - Time, Speed, Distance, Calorie, Pulse, Incline
- Elastomer Cushion
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 78" x 35" x 57"  
 22 Km/hr. Max. Speed  
 15 Level Automatic Motorized Incline  
 60" x 22" Extra Wide Running Area  
 Maximum User Weight: 170 Kgs  
 Machine Weight: 112Kgs  
 MP3 player  
 Un-Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 3 H.P / 6 H.P AC MOTOR**

## TA110



### KEY FEATURES

- Large LCD Display
- Single Window Display - Time, Distance, Speed, Calorie & Pulse
- Pre-set Workout Programs
- Body Fat Analyser
- Bluetooth Compatible music player
- UN Foldable Structure

### TECHNICAL FEATURES

Machine Floor Size: 80" x 33" x 56"  
 24.0 km/hr Max.Speed  
 20 Level Automatic Motorized Incline  
 23" x 60" Extra Wide Running Area  
 Maximum User Weight : 150 kgs  
**Motor Power: 3 H.P / 6 H.P AC MOTOR**

# TMA45



## KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Hand Held Heart Rate Sensor
- Transportation Wheel

## TECHNICAL FEATURES

20 Km/hr. Max. Speed  
 15 Level Automatic Motorized Incline  
 Machine Floor Size: 75" x 34" x 62"  
 60" x 21" Extra wide running area  
 Maximum User Weight: 140Kgs  
 Machine Weight: 95 Kgs  
 MP3/ USB Player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 2.5 H.P / 5 H.P A.C motor**

# TM90



## KEY FEATURES

- Large LCD Display
- MP3/USB Player
- Body Fat Analyser
- Double Flex Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

## TECHNICAL FEATURES

20 Level Automatic Motorized Incline  
 22 Km/hr. Max. Speed  
 Pre-set Workout Programs  
 Handheld Heart Rate Sensor  
 Machine Floor Size: 79" x 36" x 59"  
 Maximum User Weight: 150 Kgs  
 60" x 21" Extra wide running area  
**Motor Power: 3 H.P / 6H.P D.C motor**

## TMA22



### KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Auto Lubrication
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel

### TECHNICAL FEATURES

15% Automatic Motorized Incline  
18 Km/hr. Max. Speed  
Pre-set Workout Programs  
Hand Held Heart Rate Sensor  
Maximum User Weight: 140 Kgs.  
53 x 19 Extra wide running area  
**Motor Power: 1.5 H.P / 3.0 HP AC Motor**

## TMA25



### KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

18 Km/hr. Max. Speed  
15 Level Automatic Motorized Incline  
Machine Floor Size: 73" x 33" x 60"  
56" x 19" Extra wide running area  
Maximum User Weight: 130 Kgs  
Machine Weight: 80.5 Kgs  
MP3/USB Player  
Foldable Structure  
Heart Rate Measurement  
**Motor Power: 2.0 H.P / 4.0 H.P A.C motor**

## T5100



### KEY FEATURES

- Large LCD Display
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor

### TECHNICAL FEATURES

20 Km/hr. Max. Speed  
15 Level Automatic Motorized Incline  
Machine Floor Size: 73" x 33" x 60"  
56" x 19" Extra wide running area  
Maximum User Weight: 140Kgs  
Machine Weight: 89 Kgs  
MP3 / USB Player  
Foldable Structure  
Heart Rate Measurement  
**Motor Power: 3 H.P / 6 H.P DC MOTOR**

## TA60



### KEY FEATURES

- Large LCD Display
- Single Window Display - Time, Distance, Speed, Calorie & Pulse
- Pre-set Workout Programs
- Cushion Seat / Better comfort
- Bluetooth Compatible music player
- Transportation Wheel
- Foldable Structure

### TECHNICAL FEATURES

Machine Floor Size: 70" x 32" x 56"  
18.0 km/hr Max.Speed  
18 Level Automatic Motorized Incline  
18" x 55" Extra Wide Running Area  
Maximum User Weight : 130 kgs  
**Motor Power: 2 H.P / 4 H.P AC Motor**

## TMA201



### KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

16 Km/hr. Max. Speed  
 15 Level Automatic Motorized Incline  
 Machine Floor Size: 66" x 29" x 52"  
 52" x 18" Extra wide running area  
 Maximum User Weight: 120 Kgs  
 Machine Weight: 65 Kgs  
 Mp3Player & USB  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.75 H.P / 3.5 H.P A.C motor**

## T4100



### KEY FEATURES

- Large LCD Display
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Pre-set Workout Programs
- Transportation Wheel
- Hand Held Heart Rate Sensor

### TECHNICAL FEATURES

18 Km/hr. Max. Speed  
 15 Level Automatic Motorized Incline  
 Machine Floor Size: 73" x 33" x 60"  
 56" x 19" Extra wide running area  
 Maximum User Weight: 130 Kgs  
 Machine Weight: 75 Kgs  
 MP3 / USB Player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 2.5 H.P / 5 H.P D.C motor**

## TMA15



### KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

16 Km/hr. Max. Speed  
 15 Level Automatic Motorized Incline  
 Machine Floor Size: 66" x 30" x 53"  
 53" x 18" Extra wide running area  
 Maximum User Weight: 130 Kgs  
 Machine Weight: 71 Kgs  
 MP3/USB Player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.5 H.P / 3.0 H.P A.C motor**

## TM53



### KEY FEATURES

- Large LED Display
- MP3/USB Player
- Bluetooth Compatible Music Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- High-end Hardware configuration
- V Belt Drive

### TECHNICAL FEATURES

15 Level Automatic Motorized Incline  
 16 Km/hr. Max. Speed  
 Pre-set Workout Programs  
 Handheld Heart Rate Sensor  
 Machine Floor Size: 71" x 32" x 53"  
 Maximum User Weight: 125 Kgs  
 52" x 19" Extra wide Running Area  
 Auto Lubrication system  
**Motor Power: 2.0 H.P / 4.0 H.P D.C motor**

## TM39



### KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- High-end Hardware configuration
- Transportation Wheel
- Free Angle Adjustment of Display
- V Belt Drive

### TECHNICAL FEATURES

12 Level Automatic Motorized Incline  
14 Km/hr. Max. Speed  
Pre-set Workout Programs  
Handheld Heart Rate Sensor  
Machine Floor Size: 71" x 30" x 55"  
Maximum User Weight: 120 Kgs  
50" x 18" Extra Wide Running Area  
**Motor Power: 2 H.P / 4 H.P D.C motor**

## T3600



### KEY FEATURES

- Large LCD Display
- Hand Held Heart Rate Sensor
- Pre-set Workout Programs
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

16 Km/hr. Max. Speed  
15 Level Auto Incline  
Machine Floor Size: 67" x 30" x 52"  
52" x 18" Extra wide running area  
Maximum User Weight: 125 Kgs  
Machine Weight: 68 Kgs  
MP3/USB Player  
Foldable Structure  
Heart Rate Measurement  
**Motor Power: 2 H.P / 4 H.P D.C motor**

## T2600



### KEY FEATURES

- Large LED Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Multiple Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel
- BLDC Motor

### TECHNICAL FEATURES

18 Km/hr. Max. Speed  
15 Level Auto Incline  
Machine Floor Size: 66" x 31" x 57"  
50" x 19" Extra wide running area  
Maximum User Weight: 140 Kgs  
Machine Weight: 59 Kgs  
Bluetooth music Player  
Foldable structure  
Heart Rate Measurement  
**Motor Power: 2 H.P / 4 H.P BLDC motor**

## TXI40



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 62" x 29" x 50"  
16 Km/hr. Max. Speed  
15 Level Automatic Motorized Incline  
52" x 18" Extra Wide Running Area  
Maximum User Weight: 120 Kgs  
Machine Weight: 59 Kgs  
Bluetooth Speaker  
Foldable Structure  
Heart Rate Measurement  
**Motor Power: 2H.P / 4H.P DC MOTOR**

## TMA11



### KEY FEATURES

- LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

14 Km/hr. Max. Speed  
 3 Level Manual Incline  
 Machine Floor Size: 64" x 28" x 53"  
 48" x 17" Extra wide running area  
 Maximum User Weight: 100 Kgs  
 Machine Weight: 50 Kgs  
 MP3 / USB Player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1 H.P / 2 H.P AC Motor**

## T2650



### KEY FEATURES

- Display function- Time, speed, distance, calorie, pulse, body fat
- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 62" x 31" x 52"  
 18 Km/hr. Max. Speed  
 15 Level Automatic Motorized Incline  
 52" x 19" Extra Wide Running Area  
 Maximum User Weight: 125 Kgs  
 Machine Weight: 57 Kgs  
 Bluetooth Speaker  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power : 2.5 H.P / 5 H.P BLDC motor**

## T3100



### KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

16 Km/hr. Max. Speed  
 3 Level Manual Incline  
 Machine Floor Size: 67" x 30" x 52"  
 52" x 18" Extra wide running area  
 Maximum User Weight: 130 Kgs  
 Machine Weight: 56 Kgs  
 MP3/USB Player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 2 H.P / 4 H.P DC Motor**

## TM25



### KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

### TECHNICAL FEATURES

15 Level Automatic Motorized Incline  
 14.8 Km/hr. Max. Speed  
 Pre-set Workout Programs  
 Handheld Heart Rate Sensor  
 Machine Floor Size: 62" x 28" x 48"  
 Maximum User Weight: 120 Kgs  
 48" x 17" Extra Wide Running Area  
**Motor Power: 1.5 H.P / 3 H.P DC Motor**

## TM29I



## KEY FEATURES

- LCD Display - Time, Distance, Speed, Calorie & Pulse
- Preset - Workout programs with clear Chart
- Emergency Stop - Safety Key function
- Handle Button - Speed & Incline
- Energy Saving Technology - PWM Control board
- Anti-Static Running Belt

## TECHNICAL FEATURES

Speed Range: 1 - 12 Km/h  
 12 Level Automatic Motorized Incline  
 Comfortable Running Area: 48" x 17"  
 HDF Running Deck: 14 mm Thickness  
 Hand Held Heart Rate Sensor  
 Maximum User Weight - 110 Kgs  
 Machine Weight: 52 Kgs  
 Machine Floor Size: 65" x 29" x 54"  
 Soft-Drop Foldable Structure  
**Motor Power : 1.5 H.P / 3 H.P DC Motor**

## TM34



## KEY FEATURES

- Large LCD Display
- MP3 Player
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

## TECHNICAL FEATURES

3 Level Manual Incline  
 14 Km/hr. Max. Speed  
 Handheld Heart Rate Sensor  
 Machine Floor Size: 66" x 28" x 52"  
 Maximum User Weight: 125 Kgs  
 49" x 18" Extra Wide Running Area  
**Motor Power: 1.5 H.P / 3 H.P DC Motor**

## TA30



## KEY FEATURES

- Large LCD Display
- Single Window Display - Time, Distance, Speed, Calorie & Pulse
- Pre-set Workout Programs
- Cushion Seat / Better comfort
- MP3 Player
- Transportation Wheel
- Foldable Structure

## TECHNICAL FEATURES

Machine Floor Size: 67" x 27" x 50"  
 14.0 km/hr Max.Speed  
 3 Level Manual Incline  
 48" x 18" Extra Wide Running Area  
 Maximum User Weight : 110 kgs  
**Motor Power: 1.25 H.P / 2.5 H.P AC Motor**

## T2250



## KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

## TECHNICAL FEATURES

Machine Floor Size: 64" x 29" x 53"  
 16 Km/hr. Max. Speed  
 15 Level Automatic Motorized Incline  
 48" x 18" Extra Wide Running Area  
 Maximum User Weight: 110 Kgs  
 Machine Weight: 50 Kgs  
 MP3 player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.5 H.P / 3 H.P BLDC Motor**

## T1600



### KEY FEATURES

- LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

14 Km/hr. Max. Speed  
 15 Level Automatic Motorized Incline  
 Machine Floor Size: 64" x 28" x 53"  
 48" x 17" Extra wide running area  
 Maximum User Weight: 110 Kgs  
 Machine Weight: 50 Kgs  
 MP3/USB Player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.5 H.P / 3 H.P DC Motor**

## TM24



### KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

### TECHNICAL FEATURES

3 Level Manual Incline  
 14.8 Km/hr. Max. Speed  
 Pre-set Workout Programs  
 Handheld Heart Rate Sensor  
 Machine Floor Size: 62" x 28" x 48"  
 Maximum User Weight: 115 Kgs  
 48" x 17" Extra Wide Running Area  
**Motor Power: 1.5 H.P / 3 H.P DC Motor**

## TM23E



### KEY FEATURES

- Large LCD Display
- USB & MP3 Player
- Heart Rate Measurement
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

### TECHNICAL FEATURES

12 Level Automatic Motorized Incline  
 12 Km/hr. Max. Speed  
 12 Pre-set Workout Programs  
 Handheld Heart Rate Sensor  
 Machine Floor Size: 60" x 27" x 46"  
 Maximum User Weight: 110 Kgs  
 47" x 16" Extra Wide Running Area  
**Motor Power: 1.25 H.P / 2.5 H.P DC Motor**

## TM29



### KEY FEATURES

- Large LCD Display
- MP3 Player
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

### TECHNICAL FEATURES

3 Level Manual Incline  
 12 Km/hr. Max. Speed  
 Pre-set Workout Programs  
 Handheld Heart Rate Sensor  
 Machine Floor Size: 65" x 29" x 54"  
 Maximum User Weight: 110 Kgs  
 48" x 17" Extra Wide Running Area  
**Motor Power: 1.5 H.P / 3 H.P DC Motor**

## TXM22



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Store
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 60" x 31" x 45"  
 12 Km/hr. Max. Speed  
 3 Level Manual Incline  
 47" x 18" Extra Wide Running Area  
 Maximum User Weight: 120 Kgs  
 Machine Weight: 48 Kgs  
 Bluetooth Speaker  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.75 H.P / 3.5 H.P D.C motor**

## TXI20



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 58" x 26" x 46"  
 14 Km/hr. Max. Speed  
 12 Level Automatic Motorized Incline  
 47" x 17" Extra Wide Running Area  
 Maximum User Weight: 110 Kgs  
 Machine Weight: 47 Kgs  
 Bluetooth Speaker  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.5 H.P / 3 H.P D.C motor**

## T2400



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 58" x 29" x 50"  
 16 Km/hr. Max. Speed  
 3 Level Manual Incline  
 52" x 18" Extra Wide Running Area  
 Maximum User Weight: 120 Kgs  
 Machine Weight: 50 Kgs  
 Bluetooth speaker  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.75 H.P / 3.5 H.P BLDC Motor**

## T2200



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Incline
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 64" x 29" x 53"  
 16 Km/hr. Max. Speed  
 3 Level Manual Incline  
 48" x 18" Extra Wide Running Area  
 Maximum User Weight: 110 Kgs  
 Machine Weight: 50 Kgs  
 MP3 player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power : 1.5 H.P / 3 H.P DC Motor**

## T900



### KEY FEATURES

- LED Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Multiple Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

12 Km/hr. Max. Speed  
 3 Level Manual Incline  
 Machine Floor Size: 54" x 27" x 59"  
 43" x 16" Extra wide running area  
 Maximum User Weight: 110 Kgs  
 Machine Weight: 40 Kgs  
 Bluetooth music Player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1 H.P / 2 H.P DC Motor**

## TM22E



### KEY FEATURES

- Elastomer Cushion
- Anti-slip Side Rail
- Soft - Drop Foldable Structure
- Easy to Store
- Semi - Auto Lubrication
- MP3 Player & USB
- Operation Keys in Handlebar
- Transportation Wheel
- V Belt Drive

### TECHNICAL FEATURES

14.8 Km/hr. Max. Speed  
 3 Level Manual Incline  
 Pre-set Workout Programs  
 Machine Floor Size: 60" x 27" x 46"  
 Maximum User Weight: 100 Kgs  
 46" x 17" Extra Wide Running Area  
 Handheld Heart Rate Sensor  
**Motor Power: 1.25 H.P / 2.5 H.P DC Motor**

## T1100



### KEY FEATURES

- LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

14 Km/hr. Max. Speed  
 3 Level Manual Incline  
 Machine Floor Size: 64" x 28" x 53"  
 48" x 17" Extra wide running area  
 Maximum User Weight: 100 Kgs  
 Machine Weight: 46 Kgs  
 MP3/USB Player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.5 H.P / 3 H.P DC Motor**

## TXM20



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 58" x 26" x 46"  
 14 Km/hr. Max. Speed  
 3 Level Manual Incline  
 47" x 17" Extra Wide Running Area  
 Maximum User Weight: 110 Kgs  
 Machine Weight: 44 Kgs  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.5 H.P / 3 H.P DC Motor**

## T500



### KEY FEATURES

- LED Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Multiple Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

### TECHNICAL FEATURES

14 Km/hr. Max. Speed  
 3 Level Manual Incline  
 Machine Floor Size: 59" x 27" x 48"  
 48" x 16" Extra wide running area  
 Maximum User Weight: 100 Kgs  
 Machine Weight: 41 Kgs  
 Bluetooth music Player  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.25 H.P / 2.5 H.P DC Motor**

## TXM16



### KEY FEATURES

- Display function - Pluse Time, Speed, Distance, Calorie
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 53" x 26" x 46"  
 3 Level Manual Incline  
 10 Km/hr. Max. Speed  
 43" x 17" Extra Wide Running Area  
 Maximum User Weight: 100 Kgs  
 Machine Weight: 37Kgs  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power : 1.25 H.P / 2.5 H.P DC Motor**

## TXM18



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 58" x 26" x 46"  
 12 Km/hr. Max. Speed  
 3 Level Manual Incline  
 47" x 17" Extra Wide Running Area  
 Maximum User Weight: 110 Kgs  
 Machine Weight: 43 Kgs  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.25 H.P / 2.5 H.P DC Motor**

## TXM15



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 54" x 26" x 48"  
 12 Km/hr. Max. Speed  
 42" x 15" Extra Wide Running Area  
 Maximum User Weight: 110 Kgs  
 Machine Weight: 34 Kgs  
 Foldable Structure  
 Heart Rate Measurement  
**Motor Power: 1.25 H.P / 2.5 H.P DC MOTOR**

## TXM10



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

### TECHNICAL FEATURES

Machine Floor Size: 48" x 23" x 43"  
 12 Km/hr. Max. Speed  
 2 Manual Incline  
 40" x 17" Extra Wide Running Area  
 Maximum User Weight: 90 Kgs  
 Machine Weight: 25Kgs  
 Bluetooth Speaker  
 Foldable Structure  
**Motor Power : 1 H.P / 2 H.P DC Motor**

## WP300



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 53" x 21" x 51"  
 6 Km/hr. Max. Speed  
 44" x 17" Extra Wide Running Area  
 Maximum User Weight: 100Kgs  
 Machine Weight: 25Kgs  
**Motor Power : 1 H.P / 2 H.P DC Motor**

## TMN11



### KEY FEATURES

- Multi Window display: Time, Speed, Distance, Calorie and Pulse
- Extra Wide Running Area
- Anti Slip Side Rail
- Foldable Structure
- Transportation Wheel
- Flywheel Drive

### TECHNICAL FEATURES

4 Functions: Treadmill, Twister, Push-up Bar and Stepper  
 3 Level Manual Incline  
 Machine Floor Size: 72" x 26" x 58"  
 47" x 14" wide Running Area  
 Maximum User Weight: 100 Kgs  
 Machine Weight: 42 Kgs  
 Foldable Structure  
 Heart Rate Measurement

## TXM03



### KEY FEATURES

- Display function - Time, Speed, Distance, Calorie
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 47" x 22" x 41"  
 10 Km/hr. Max. Speed  
 40" x 15" Extra Wide Running Area  
 Maximum User Weight: 90 Kgs  
 Machine Weight: 20 Kgs  
 Bluetooth Speaker  
 Foldable Structure  
**Motor Power: 0.75 H.P / 1.5 H.P DC Motor**

**HERCULES**  
**FITNESS**

Elliptical trainers offer a non-impact cardiovascular workout that can vary from light to high intensity based on the speed of the exercise and the resistance preference set by the user.



# ELLIPTICAL TRAINER

## ELP65



### KEY FEATURES

- Targets Upper and Lower Body
- USB Port - Charger
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel

### TECHNICAL FEATURES

Upper and Lower Body  
 Auto Electro Magnetic Resistance Control  
 14 Kgs Fly Wheel  
 Single Window Display – Time, Distance, Speed, Calorie & Pulse Stride Length - 19 Inches  
 Machine Floor Size: 65" x 27" x 71"  
 Hand Held Heart Rate Sensor  
 Maximum User Weight: 150 Kgs  
**Drive: Electro Magnetic System**

## EX60



### KEY FEATURES

- Single Window Display - Time, Distance, Speed, ODO , Scan , Calorie & Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 67" x 27" x 69"  
 16 Level Auto Electro Magnetic Resistance Control  
 Fly Wheel - 14 Kgs  
 Crank Design - Heavy Duty Centre Axle  
 Hand Held Heart Rate Sensor  
 Maximum User Weight - 130 Kgs  
 Machine Weight: 69 Kgs  
 Stride length - 19"  
**Drive: Electro Magnetic System**

## EX27



### KEY FEATURES

- Single Window Display - Time, Distance, Speed, ODO , Scan , Calorie & Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 65" x 27" x 66"  
 8 Level Manual Magnetic Resistance Control  
 Fly Wheel - 10Kgs  
 Crank Design - Heavy Duty Centre Axle  
 Hand Held Heart Rate Sensor  
 Maximum User Weight - 115 Kgs  
 Machine Weight: 57 Kgs  
 Stride length - 18"  
**Drive: Magnetic Manual Resistance**

## EL60



### KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Targets Upper and Lower Body
- Large Anti-skid Pedal
- Body Fat Analyser
- Pulse Recovery Measurement
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 60" x 26" x 61"  
 Dual Function - Cycling & Elliptical  
 8 Level Manual Resistance Control  
 Belt Drive & Magnetic Resistance  
 Display - Time, Distance, Speed, Calorie & Pulse  
 Stride Length - 17 Inches  
 12Kgs Fly wheel  
 Hand Held Heart Rate Sensor  
 Maximum User Weight: 140 Kgs  
**Drive: Magnetic Manual Resistance**

## ELP60



### KEY FEATURES

- Targets Upper and Lower Body
- USB Port - Charger
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel

### TECHNICAL FEATURES

Upper and Lower Body  
 Auto Electro Magnetic Resistance Control  
 12 Kgs Fly Wheel  
 Single Window Display – Time, Distance, Speed, Calorie & Pulse  
 Stride Length - 17 Inches  
 Machine Floor Size: 60" x 26" x 61"  
 Hand Held Heart Rate Sensor  
 Maximum User Weight: 140 Kgs  
**Drive: Electro Magnetic System**

## EB15



### KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Vertical & Horizontal saddle adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 52" x 25" x 62"  
 8 Level Manual Resistance Control  
 Fly Wheel - 8Kgs  
 Crank Design - Heavy Duty Centre Axle  
 Hand Held Heart Rate Sensor  
 Maximum User Weight - 120 Kgs  
 Machine Weight: 41Kgs  
 Stride length - 17"  
**Drive: Magnetic Manual Resistance**

## EB25



### KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 61" x 27" x 66"  
 8 Level Manual Resistance Control  
 Fly Wheel - 10Kgs  
 Crank Design - Heavy Duty Centre Axle  
 Hand Held Heart Rate Sensor  
 Maximum User Weight - 125 Kgs  
 Machine Weight: 51Kgs  
 Stride length - 20"  
**Drive: Magnetic Manual Resistance**

## EB30



### KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 56" x 26" x 66"  
 8 Level Manual Resistance Control  
 Fly Wheel - 12Kgs  
 Crank Design - Heavy Duty Centre Axle  
 Hand Held Heart Rate Sensor  
 Maximum User Weight - 130 Kgs  
 Machine Weight: 53Kgs  
 Stride length - 21"  
**Drive: Magnetic Manual Resistance**

## EX17



### KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 59" x 26" x 69"  
 8 Level Manual Resistance Control  
 Fly Wheel - 8Kgs  
 Crank Design - Heavy Duty Centre Axle  
 Hand Held Heart Rate Sensor  
 Maximum User Weight - 110 Kgs  
 Machine Weight: 47 Kgs  
 Stride length - 17"  
**Drive: Magnetic Manual Resistance**

## EL22



### KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Targets Upper and Lower Body
- Large Anti-skid Pedal
- Body Fat Analyser
- Pulse Recovery Measurement
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 52" x 25" x 64"  
 Dual Function – Cycling & Elliptical  
 8 Level Manual Resistance Control  
 Belt Drive & Magnetic Resistance  
 Display - Time, Distance, Speed, Calorie & Pulse  
 8Kgs Fly wheel  
 Hand Held Heart Rate Sensor  
 Maximum User Weight: 110 Kgs  
 Stride length - 18"  
**Drive: Magnetic Manual Resistance**

## EL10



### KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Targets Upper and Lower Body
- Large Anti-skid Pedal
- Body Fat Analyser
- Pulse Recovery Measurement
- Transportation Wheel

### TECHNICAL FEATURES

Dual Function: Elliptical & Cycling  
 8 Level Manual Magnetic Resistance Control  
 8 Kgs Fly Wheel  
 Single Window Display - Time, Distance, Speed, Calorie & Pulse  
 Machine Floor Size: 41" x 26" x 60"  
 Handheld Heart Rate Sensor  
 Uni - Crank Design  
 Maximum User Weight: 110 Kgs  
 Stride length - 17"  
**Drive: Magnetic Manual Resistance**

## EBO3



### KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Vertical & Horizontal saddle adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 42" x 25" x 64"  
 8 Level Manual Resistance Control  
 Fly Wheel - 5Kgs  
 Uni Crank Design  
 Hand Held Heart Rate Sensor  
 Maximum User Weight - 90 Kgs  
 Machine Weight: 30Kgs  
 Stride length - 13"  
**Drive: Magnetic Manual Resistance**

## EBO1



### KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Vertical & Horizontal saddle adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 44" x 25" x 62"  
 8 Level Manual Resistance Control  
 Fly Wheel - 5Kgs  
 Uni Crank Design  
 Hand Held Heart Rate Sensor  
 Maximum User Weight - 90 Kgs  
 Machine Weight: 25Kgs  
 Stride length - 12"  
**Drive: Magnetic Manual Resistance**



# BIKES

## **HERCULES** **FITNESS**

An exercise bicycle is usually a special-purpose exercise machine resembling a bicycle without true wheels. The low-impact movement involved in operating an exercise bike does not put much stress on joints and does not involve sporadic motions that some other fitness equipment may require.

## SB10



### KEY FEATURES

- Handle Press Brake System
- Vertical and Horizontal Saddle Adjustment
- Adjustable/ Fixed Handle Bar
- Ergonomically Positioned Pedal with Strip
- V Belt Drive for smooth function
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 48" x 22" x 46"  
 Fly Wheel: 12Kgs  
 3 Pcs. Crank Design  
 Maximum User Weight - 120Kgs  
 Machine Weight: 34 Kgs  
**Drive: Belt Drive**

## SB05



### KEY FEATURES

- Vertical and Horizontal Saddle Adjustment
- Adjustable / Fixed Handle Bar
- Ergonomically Positioned Pedal with Strip
- V Belt Drive for smooth function
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 46" x 20" x 46"  
 Fly Wheel: 10Kgs  
 3 Pcs. Crank Design  
 Maximum User Weight - 120Kgs  
 Machine Weight: 30 Kgs  
**Drive: Belt Drive**

## RBP60



### KEY FEATURES

- Easy Saddle Slide Movement
- Super Quiet Poly V belt Drive for smooth function
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Auto Magnetic Resistance Control  
 Fly Wheel: 15Kgs  
 Single Window Display - Time, Distance, Speed, Calorie & Pulse  
 Hand Held Heart Rate Sensor  
 Machine Floor Size: 64" x 28" x 43"  
 High Strength steel frame & Ultra stable structure  
 Maximum User Weight: 150 Kgs  
**Drive: Electro Magnetic System**

## RB30



### KEY FEATURES

- Stress Free Saddle Slide Movement
- Water Bottle Holder
- Handle Button - Tension adjust
- Super Quiet Poly V belt Drive for smooth function
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse  
 Flywheel: 10Kgs  
 Maximum User Weight: 130 Kgs  
 Machine Floor Size: 56" x 27" x 50"  
 8 Level Manual Resistance Control  
 Horizontal Saddle Adjustment  
 Adjustable Handlebar Angle  
 Targets Lower Body  
 Transportation Wheel  
**Drive: Magnetic Manual Resistance**

## RB20



### KEY FEATURES

- Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
- Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 53" x 27" x 46"  
 8 Level Manual Magnetic Resistance Control  
 Crank Design 1 Pcs  
 Fly Wheel: 10Kgs  
 Machine Weight: 28 Kgs  
 Maximum User Weight: 120 Kgs  
 Hand Held Heart Rate Sensor  
 Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse  
 Horizontal Saddle Adjustment  
 Adjustable Handlebar Angle  
**Drive: Magnetic Manual Resistance**

## RB22



### KEY FEATURES

- Hand Rail Seat Adjustment
- Belt Drive
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

MANUAL Magnetic Resistance Control  
 Fly Wheel: 5Kgs  
 Single Window Display - Time, Distance, Speed, Calorie & Pulse  
 Machine Floor Size: 53" x 25" x 42"  
 Hand Held Heart Rate Sensor  
 Uni Crank Design  
 Maximum User Weight: 100 Kgs  
**Drive: Magnetic Manual Resistance**

## RB15



### KEY FEATURES

- Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
- Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 61" x 26" x 53"  
 8 Level Manual Magnetic Resistance Control  
 3PCS Crank Design  
 Fly Wheel: 5Kgs  
 Machine Weight: 29 Kgs  
 Maximum User Weight: 110 Kgs  
 Hand Held Heart Rate Sensor  
**Drive: Magnetic Manual Resistance**

## UBP60



### KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Auto Magnetic Resistance Control  
 Fly Wheel: 12Kgs  
 Single Window Display - Time, Distance, Speed, Calorie & Pulse  
 Machine Floor Size: 40" x 21" x 58"  
 Hand Held Heart Rate Sensor  
 High Strength steel frame & Ultra stable structure  
 Maximum User Weight: 150 Kgs  
**Drive: Electro Magnetic System**

## MB40



### KEY FEATURES

- Display - Time, Scan, Distance, Speed, & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 44" x 21" x 56"  
 8 Level Manual Magnetic Resistance Control  
 Crank Design Heavy Duty Centre Axle  
 Fly Wheel: 10Kgs  
 Machine Weight: 36Kgs  
 Maximum User Weight: 130 Kgs  
 Hand Held Heart Rate Sensor  
**Drive: Magnetic Manual Resistance**

## MB30



### KEY FEATURES

- Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 43" x 22" x 57"  
 8 Level Manual Magnetic Resistance Control  
 3PCS Crank Design  
 Fly Wheel: 8Kgs  
 Machine Weight: 30 Kgs  
 Maximum User Weight: 120 Kgs  
 Hand Held Heart Rate Sensor  
**Drive: Magnetic Manual Resistance**

## MB20



### KEY FEATURES

- Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 39" x 22" x 51"  
 8 Level Manual Magnetic Resistance Control  
 Uni Crank Design  
 Fly Wheel: 6Kgs  
 Machine Weight: 29 Kgs  
 Maximum User Weight: 110 Kgs  
 Hand Held Heart Rate Sensor  
**Drive: Magnetic Manual Resistance**

## MB10



### KEY FEATURES

- Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 34" x 21" x 50"  
 8 Level Manual Magnetic Resistance Control  
 Uni Crank Design  
 Fly Wheel: 4Kgs  
 Machine Weight: 20Kgs  
 Maximum User Weight: 100 Kgs  
 Hand Held Heart Rate Sensor  
**Drive: Magnetic Manual Resistance**

## MB05



### KEY FEATURES

- Display - Time, Scan, Distance, Speed, & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 28" x 17" x 48"  
 8 Level Manual Magnetic Resistance Control  
 Uni Crank Design  
 Fly Wheel: 4Kgs  
 Machine Weight: 18Kgs  
 Maximum User Weight: 90 Kgs  
 Hand Held Heart Rate Sensor

## DB22



### KEY FEATURES

- Vertical Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Machine Floor Size: 34" x 27" x 65"  
 Multi Function - Cycling, Elliptical, Twister, Push-up, Band & Dumbbells  
 Manual Resistance Control  
 Single Window Display - Time, Distance, Speed & Calorie  
 Uni - Crank Design  
 Handheld Heart Rate Sensor  
 Maximum User Weight: 90 Kgs  
**Drive: Chain Drive**

## DC30



### KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Dual Function - Cycling & Elliptical  
 Manual Resistance Control  
 Single Window Display - Time, Distance, Speed & Calorie  
 Machine Floor Size: 34" x 27" x 60"  
 Uni - Crank Design  
 Steel Fly Wheel  
 Handheld Heart Rate Sensor  
 Maximum User Weight: 90 Kgs  
**Drive: Chain Drive**

## DB21



### KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Dual Function - Cycling & Elliptical  
 Manual Resistance Control  
 Single Window Display - Time, Distance, Speed & Calorie  
 Machine Floor Size: 43"x 20"x 61"  
 Uni - Crank Design  
 Handheld Heart Rate Sensor  
 Maximum User Weight: 90 Kgs  
**Drive: Chain Drive**

## DB10



### KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

### TECHNICAL FEATURES

Dual Function - Cycling & Elliptical  
Manual Resistance Control  
Single Window Display - Time, Distance, Speed & Calorie  
Machine Floor Size: 34"x27"x57"  
Uni - Crank Design  
Maximum User Weight: 90 Kgs  
**Drive: Chain Drive**

## TRIM GYM 08



### KEY FEATURES

- Display - Time, Distance, Speed & Calories
- Fixed and Movable Handlebars
- Vertical Seat Adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Transportation Wheel

### TECHNICAL FEATURES

Manual Resistance Control – Tension Belt  
Uni-Crank Design  
Backrest Support & Twister Available  
Maximum User Weight - 100 Kgs  
Machine Weight: 24 Kgs  
Machine Floor Size: 61" x 22" x 60"  
**Drive: Belt Drive**

#### Frame colors:



## TRIM GYM 07



### KEY FEATURES

- Display - Time, Distance, Speed & Calories
- Fixed and Movable Handlebars
- Horizontal And Vertical Seat Adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Transportation Wheel

### TECHNICAL FEATURES

Manual Resistance Control – Tension Belt  
Uni-Crank Design  
Twister Available  
Maximum User Weight - 100 Kgs  
Machine Weight: 22 Kgs  
Machine Floor Size: 61" x 22" x 47"

#### Frame colors:



## TRIM GYM 06



### KEY FEATURES

- Back Rest Support
- Horizontal & Vertical Seat Adjustment
- Movable Handlebar
- Targets Upper and Lower Body

### TECHNICAL FEATURES

Dual Function - Upper and Lower Body  
Manual Belt Resistance Control  
Single Window Display - Time, Distance, Speed, Calorie  
Machine Floor Size: 39" x 22" x 60"  
Uni-Crank Design  
Maximum User Weight: 100 Kgs  
**Drive: Belt Drive**

#### Frame colors:



## TRIM GYM 05



### KEY FEATURES

- Horizontal & Vertical Seat Adjustment
- Movable Handlebar
- Targets Upper and Lower Body

### TECHNICAL FEATURES

Dual Function - Upper and Lower Body

Manual Belt Resistance Control

Single Window Display - Time, Distance, Speed, Calorie

Machine Floor Size: 39" x 22" x 47"

Uni-Crank Design

Maximum User Weight: 100 Kgs

**Drive: Belt Drive**

**Frame colors:**



Black Matt

New Smart Red

Ghost Grey

Montreal Blue

Army Grey

## TRIM GYM 02



### KEY FEATURES

- Back Rest Support
- Vertical and Horizontal Seat Adjustment
- Easy to Use
- Targets Lower Body

### TECHNICAL FEATURES

Single Function - Lower Body

Manual Belt Resistance Control

Single Window Display - Time, Distance, Speed, Calorie

Machine Floor Size: 40" x 19" x 60"

Uni-Crank Design

Maximum User Weight: 100 Kgs

**Drive: Belt Drive**

## TRIM GYM 01



### KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Easy to Use
- Targets Lower Body

### TECHNICAL FEATURES

Single Function – Lower Body

Manual Belt Resistance Control

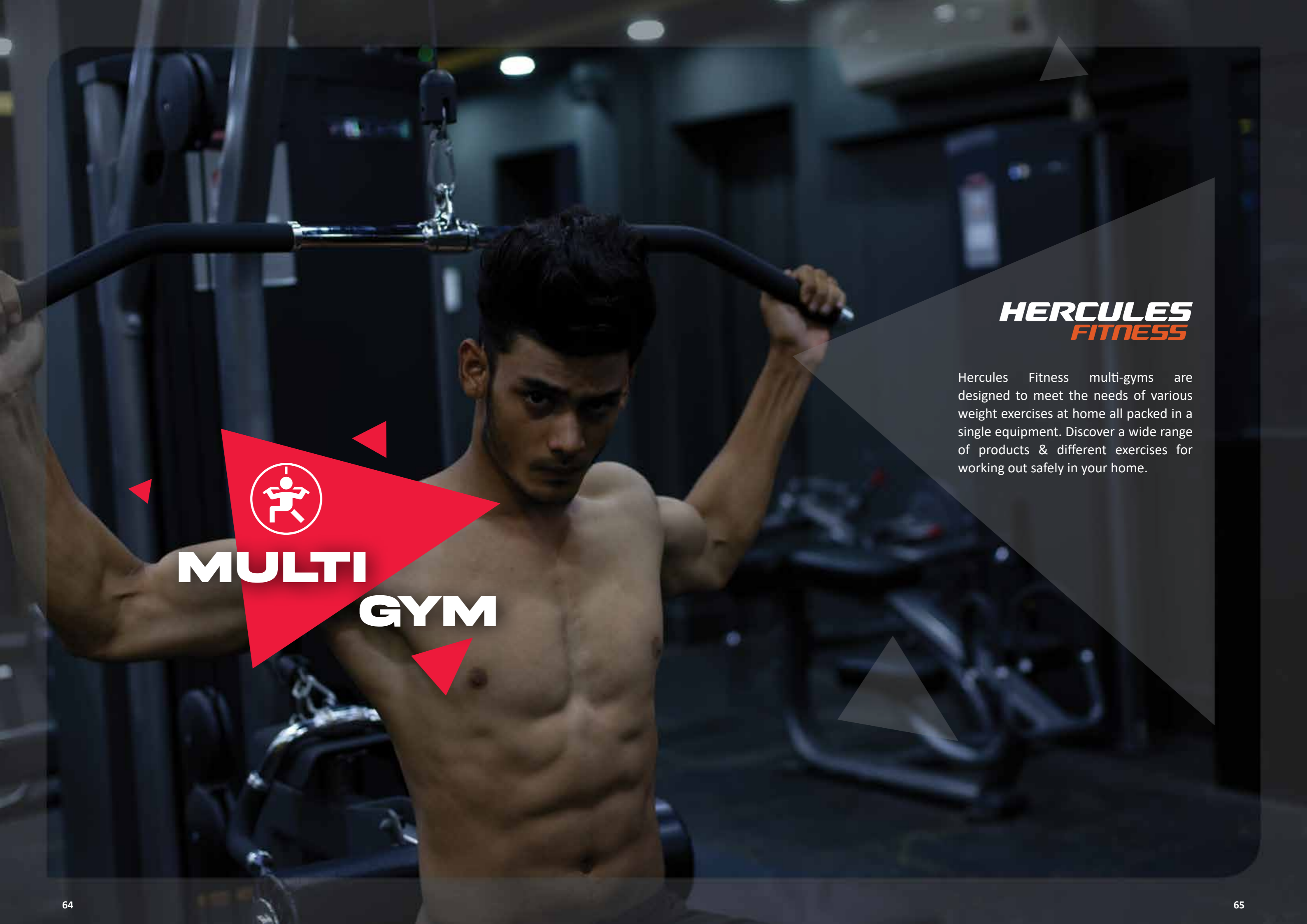
Single Window Display – Time, Distance, Speed, Calorie

Machine Floor Size: 40" x 19" x 48"

Uni-Crank Design

Maximum User Weight: 100 Kgs

**Drive: Belt Drive**



## **HERCULES** **FITNESS**

Hercules Fitness multi-gyms are designed to meet the needs of various weight exercises at home all packed in a single equipment. Discover a wide range of products & different exercises for working out safely in your home.



# **MULTI GYM**

## SM208



## KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

## TECHNICAL FEATURES

160 Lbs Weight Stack  
 2000 Lbs Tensile Strength Cables  
**Key Functions:**  
 Tricep Extension  
 Lat  
 Pec Deck  
 Bench Press  
 Chest Press  
 Seated Row  
 Leg Extension  
 Preacher Curl  
 Abductor & Adductor Seated Row  
 Punching Bag  
 Single Bar  
 Bench Press  
 Machine Floor Size: 70"x 79"x 88"  
 Maximum User Weight: 150 Kgs  
**Function: Multi Station**

## SM112



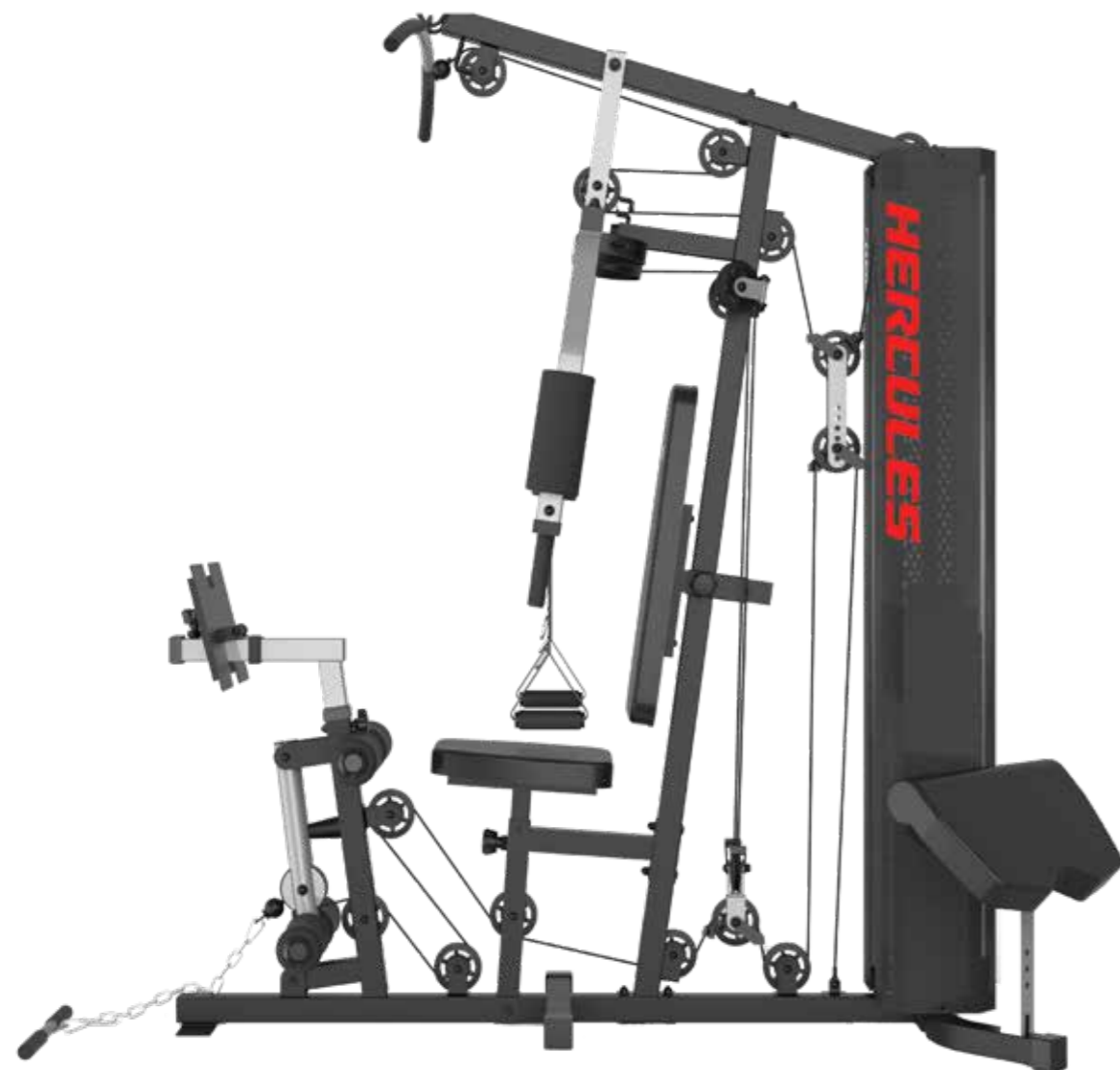
## KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

## TECHNICAL FEATURES

160 Lbs Weight Stack  
 2000 Lbs Tensile Strength Cables  
**Key Functions:**  
 Tricep Extension  
 Lat  
 Pec Deck  
 Bench Press  
 Chest Press  
 Seated Row  
 Leg Extension  
 Preacher Curl  
 Abductor & Adductor  
 Machine Floor Size: 70"x 69"x 84"  
 Maximum User Weight: 150 Kgs  
**Function: Single Station**

## SM110



## KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

## TECHNICAL FEATURES

Machine Floor Size: 70"x 69"x 84"

150 Lbs Weight Stack

2000 Lbs Tensile Strength Cables

**Key Functions:**

Tricep Extension

Lat

Pec Deck

Bench Press

Chest Press

Seated Row

Leg Extension

Preacher Curl

Leg Press

Abductor & Adductor

Maximum User Weight: 150 Kgs

**Function: Single Station**

## SM108



## KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular movement
- Steel Metal Cage for safety

## TECHNICAL FEATURES

Machine floor size 1760\*1750\*2120 mm

160 Lbs Weight Stack

Maximum user Weight: 130 Kgs.

Machine weight 140kgs

2000 Lbs Tensile Strength Cables

**Key Functions:**

Tricep Extension

Lat

Pec Deck

Bench Press

Chest Press

Seated Row

Leg Extension

Preacher Curl

Abductor & Adductor



## **HERCULES** **FITNESS**

Hercules Fitness benches are designed for multipurpose workouts using weights, dumbbells barbells & pre-fitted accessories for abdominal & weight lifting workouts. Benches are a perfect addition to your home for if you enjoy working out in the comfort of your home.



# **BENCHES**

## MP200

### KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Easy Installation

### TECHNICAL FEATURES

Multi-Purpose Fitness Bench  
Thick padding for superior support  
Weight Lifting Support Frame  
Machine Floor Size: 68" x 35" x 48"  
Adjustable Flat Incline Decline Weight  
Lifting Exercise



## MP100

### KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Easy Installation

### TECHNICAL FEATURES

Abdominal Fitness Bench  
Thick padding for superior support  
Weight Training  
Machine Floor Size: 53" x 20" x 48"  
Adjustable Flat Incline Decline Weight  
Lifting Exercise



## PRO ABS

### KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Yoga Exercise
- Easy Installation

### TECHNICAL FEATURES

Abdominal Fitness Bench  
Fully adjustable sturdy frame, thick  
padding for superior support  
Machine Floor Size: 45" x 19" x 51"  
Rolling wheel action that allows for a  
smooth consistent motion



## AB BENCH

### KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Yoga Exercise
- Easy Installation

### TECHNICAL FEATURES

Abdominal Fitness Bench  
Thick padding for superior support  
Machine Floor Size: 59" x 13" x 27"  
Weight Training



## YOUR ULTIMATE WORK – FROM – HOME COMPANION

Looking for a way to make your work-from-home experience more comfortable? Our Chair Massager with back, neck, and hips massage is the perfect solution. It's designed to relieve stress and provide relaxation while you work. With its compact size and easy-to-use features, it's a must-have for anyone who wants to improve their work-at-home experience.

Relax, Rejuvenate and Recharge



## MC45



### TECHNICAL FEATURES

Full Body Massage Chair For Home And Office With Luxury 3D Space Saving Design.

3D Massage Rollers

5 Level Automatic Program

SL TRACK, Fixed-Point Massage Massage Chair, Neck, Back Massage, Body Air Bag Extrusion, Leg Kneading

Bluetooth Speakers

3 levels Intensity

Airbags & Compression 22pcs: 4 Shoulders, 2 Head, 8 Hands, 8 Legs

Functions:

- Shiatsu
- Kneading & Knocking
- Kneading & Patting
- Squeezing

# MC43



## TECHNICAL FEATURES

Full Body Massage Chair For Home And Office With Luxury 3D Space Saving Design.

3D Massage Rollers

5 Level Automatic Program

SL TRACK, Fixed-Point Massage Massage Chair, Neck, Back Massage, Body Air Bag Extrusion, Leg Kneading

Bluetooth Speakers

3 levels Intensity

Airbags & Compression 22pcs: 4 Shoulders, 2 Head, 8 Hands, 8 Legs

Functions:

- Shiatsu
- Kneading & Knocking
- Kneading & Patting
- Squeezing

# MC20



## TECHNICAL FEATURES

Full Body Massage Chair For Home And Office With Luxury 2D Space Saving Design.

2D Massage Rollers

5 Level Automatic Program

Fixed-Point Massage Chair, Neck, Back Massage, Body Air Bag Extrusion, Leg Kneading

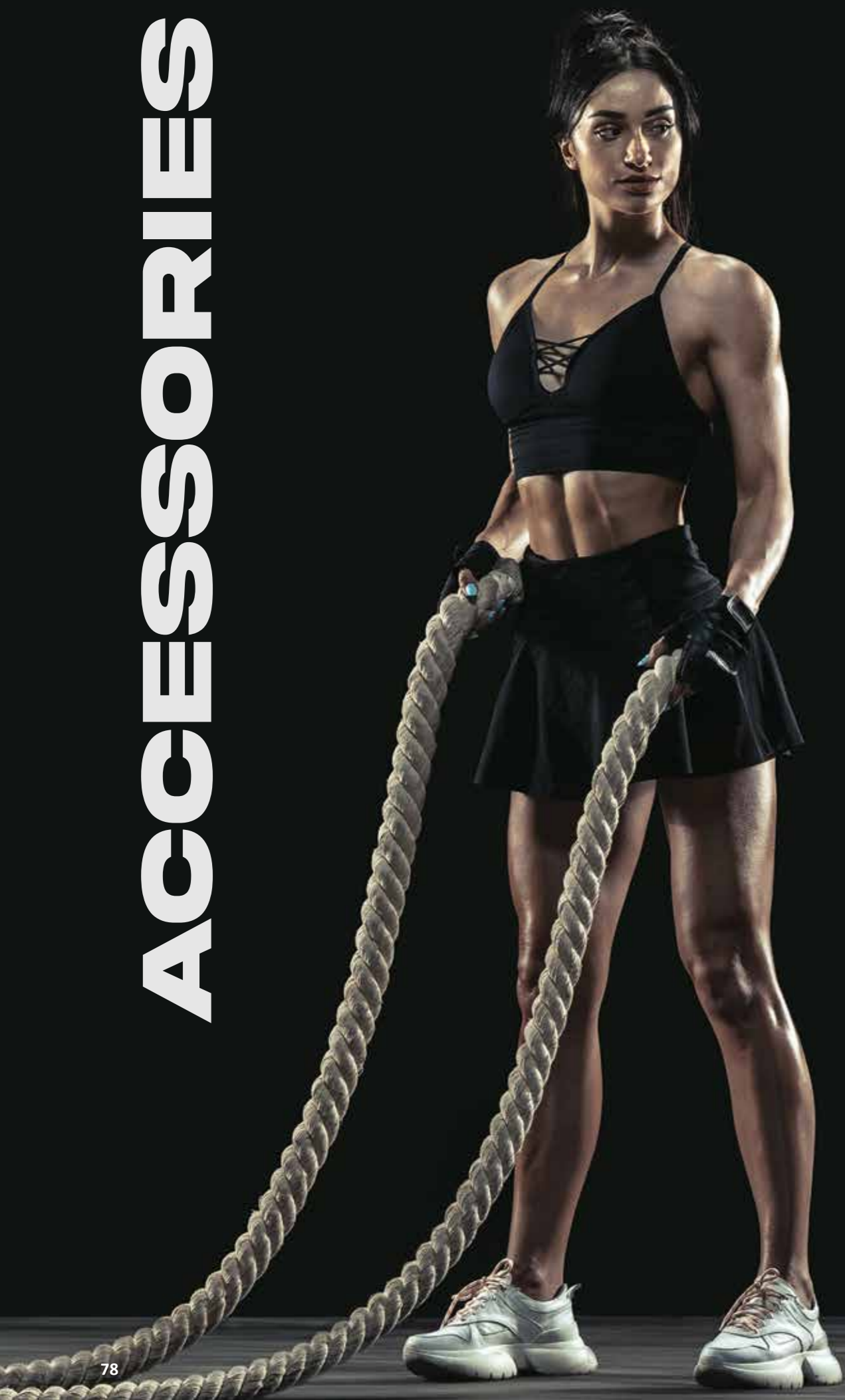
Bluetooth Speakers

3 levels Intensity

Airbags & Compression 16pcs: 4 Shoulders, 4 Hands, 8 Legs

Functions:

- Kneading
- Massage



**BOUNCER DUMBBELLS**  
2.5kg, 5kg, 7.5kg, 10kg, 12.5kg, 15kg,  
17.5kg, 20kg, 25kg, 30kg



**HEXAGON DUMBBELLS**  
2.5kg, 5kg, 7.5kg, 10kg, 12.5kg



**TPU DUMBBELLS**  
2.5kg, 5kg, 7.5kg, 10kg, 12.5kg, 15kg,  
17.5kg, 20kg, 25kg, 30kg



**VINYL DUMBBELLS**  
1kg, 2kg, 2.5kg, 3kg, 4kg, 5kg



**KETTLE BELLS**  
4kg, 6kg, 8kg



**WEIGHT PLATE 29 MM  
REGULAR ROD**  
2.5kg, 5kg, 7.5kg, 10 kg



**WEIGHT PLATE 51 MM  
OLLYMPIC ROD**  
2.5kg, 5kg, 7.5kg, 10kg, 12.5kg, 15kg,  
17.5kg, 20kg, 25kg



**WEIGHT PLATE  
51 MM-TPU**  
2.5kg, 5kg, 10kg, 15kg, 20kg, 25kg



**BUMPER PLATE 51 MM**  
5kg, 10kg, 15kg, 20kg, 25kg,



**WEIGHT PLATE 29 MM  
DUMBBELLS ROD**  
1kg, 2kg, 2.5kg, 5kg, 7.5kg, 10kg



**FIXED STRAIGHT BARBELL**  
10kg, 15kg, 20kg, 25kg, 30kg



**EZ CURL BARBELL**  
10kg, 15kg, 20kg, 25kg, 30kg



**OLLYMPIC CURL BAR-4  
FEET-EZ-28MM DIA**



**OLYMPIC TRICEPS BAR-3  
FEET-28MM**



**HEX BAR**



**SEATED ROW CHIN DIP**



**DUMBBELL  
ROD-WITH  
LOCK  
SYSTEM**



**V HANDLE**



**REVOLVING CURL BAR**



**JUMP ROPE**



**JUMP ROPE-FOAM  
HANDLE-2750 MM**



**HAND GRIP-WITH FOAM**



**AEROBIC STEP-CLASSIC-  
68X28.5X10/15CM**



**TRAINING SET**



**ANKLE/WRIST WEIGHT**  
0.5kg - 2kg



**BALANCE BOAD**  
39x7.5cm



**HERCULES-WALLBALL**  
4kg, 5kg, 7kg



**HERCULES-MEDICINEBALL**  
3kg, 4kg, 5kg, 6kg, 8kg, 10kg



**GYM BALL-WITH AIR PUMP**  
55cm, 65cm, 75cm, 85cm



**BALANCE BALL**



**BATTLE ROPE**  
3.8x1200cm, 3.8x1500cm, 5x1200cm,  
5x1500cm



**YOGA MAT**  
Classic-1cm-173x61cm  
Premium-1cm-183x61cm  
Hercules Yoga Mat-Classic-1.5cm-173x61cm  
Hercules Yoga Mat-Premium-1.5cm-183x61cm



**MASSAGE GRIP**  
45x15cm, 90x15cm



**BOXING BAG**  
30kg: 100x35cm, 35kg: 100x40cm  
40kg: 120x40cm



**AB ROLLER**



**REGULAR ROD**  
28x1524mm, 28x1828mm, 28x2184mm



**EZ CURL ROD-28X1200MM**  
Unit of product: 1



**OLLYMPIC BAR-50MM DIA**  
4 Feet, 5 Feet, 6 Feet, 7 Feet



**ADJUSTABLE AEROBIC STEP-PREMIUM-72X35X10/15/20CM**



**PUSH UP BAR**



**MULTI ASSITANCE TRAINING KIT**



**WEIGHT SCALE**



**COLLAR-50MM-FAST LOCKED TYPE**



**HERCULES-COLLAR SPRING-28MM DIA**

**HERCULES**  
**FITNESS**  
LIVE YOUNG

**EXPERIENCE CENTRE**



SCAN & WATCH

# **HERCULES**

## **FITNESS**

LIVE YOUNG



**murugappa**

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Disclaimer: Innovation is a continuous process at TI Cycles of India. Specifications, features, colors and prices are likely to change without prior notice. Accessories shown in the pictures may or may not be part of the standard equipment.

**Dealer Address & Stamp:**